



Free Psychic Guide

How To Get More From Your Psychic Readings



Psychic Clairvoyant Readings
Call: (02) 9571 5956
1/6 Avona Avenue Glebe Sydney

<http://www.sydneypsychicreadings.com/>

Please Copy and Send This Insightful 20 page e-book
To Your Friends and to Anyone Who Is Looking For Sincere and
Helpful Guidance in Their Life.

Sydney Psychic Readings

1/6 Avona Avenue, Glebe, Sydney 2037

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How Psychic Clairvoyance Can Really Help You.

With the pressures and stresses of modern society, we are increasingly finding it more difficult to slow down the mental activity of our conscious mind. A [Psychic](#) is able to divert the conscious mind and begin to focus on the sub-conscious.

Our conscious mind often holds on to range of pre-conceived ideas and conditioning that we have received throughout our lives. With all the pressures of day to day life we find it difficult to focus on anything else but our immediate problems and needs, and our minds are full of these thoughts.

A psychic has the ability to tap into the sub-conscious and connect with the universe to sense, see and often hear messages from the spirit world. Many people have had various psychic experiences but have put it down to coincidence or good luck. Some people who meditate regularly and are able to slow the conscious mind often comment on how they have felt a connection with the universe whilst others have been able to see in their minds visions of places and people.




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The psychic can divert the conscious mind and contact the sub conscious mind, which allows them to concentrate on the Universal consciousness. Within this cosmic force much of the information from past, present and future is available for those who wish to access it.

Have you ever sat quietly and the [phone](#) rings and you know who is on the other end? Or perhaps taken extra caution driving home because you have felt the need to be careful and almost had a severe accident but was able to avoid it because of the feeling you had earlier?

Many of us have these experiences daily but think nothing of it. The Psychic who is aware of these experiences will continue to practice and focus on the sub-conscious in order to tap into the Universal Consciousness. In some instances a psychic is able to read the mind of others and predict events that will occur in the [future](#).



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Preparing for a Psychic Reading

It is very important to prepare for your reading. Through the correct preparation you will be able to receive a great deal more benefit and your reader will find it easier to discover the information you need to know.

Whether you plan to receive your reading in Person, by [Phone](#), Internet chat or Email, you should always prepare for your reading.

Psychic Phone Readings.

If You are having a psychic reading over the phone, you should find a quiet place where you know you will not be disturbed. This will enable you to relax. Even the thought of someone disturbing you can be enough to unsettle your reading. Although sometimes we would like answers immediately you should avoid calling while in a busy environment where it is hard to be quiet. The most successful place is a place where you feel relaxed and safe, and this also applies to readings in [person](#).



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Concentrate on your question.

Bring the question you desire an answer to in your mind and expect that it will be answered. Because we are entering the spiritual realm to find the answers that you seek, the more relaxed and in harmony you are, the better your reading will be. I also find that once your answer has been submitted to the universe it receives an answer, even if it is not straight away. I have many cases each day where a person may not feel they have had the exact answer but during the next few days it appears. So get ready for your psychic reading and remember the better you follow the techniques listed, the better your reading will be.

What Questions Do I ask?

Just about any question that involves your happiness and spiritual growth. These can include questions regarding [love](#), money, success, travel and much [more](#).



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How Many Readings Should I Have?

Depending on the complexity of your situation the number of readings necessary will change. For most people one reading per month is enough to assist them in the planning of their goals and overcoming any difficulties in their lives.

If the situation demands you may require more than this, one important point to keep in mind is that you should never hand your life over to a reader and expect them to run it for you.

Your main purpose on earth is to work out your problems and master the situations that present problems to you. Always give it a go yourself, and if you do not feel you are getting anywhere, then consult [me](#).



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How to Fully Benefit From a Psychic Reading

So, you want a 'psychic' reading and of course, you want an [insightful](#) one. Hopefully you have carefully chosen your advisor and he is a knowledgeable, compassionate person. But, is anything expected from you? The answer is: Yes!

How to Prepare for a Reading

One of the first things you need to do is prepare yourself emotionally. Allow yourself to be completely open to what you are about to hear rather than just looking for what you want to see and know. Understand that it is you who will have to take action about what you are told; no one can do the work for you. Be honest with yourself and your reader.

Some people try and 'test' their reader by holding back information, refusing to give information, or giving false information. This usually backfires on the client.



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It doesn't make much sense either. Try 'testing' a doctor or lawyer in that way. Would you expect to get the best advice or diagnosis? However, that's not to say you should give your reader all the answers but that you need to have a clear goal for the reading that you can communicate.

Ask yourself what you really want insight upon and rank those questions according to importance. Write them down. Ask them. Ask yourself how your questions fit into your life and whether they are worth asking. Remember, write them down. Ask them.

Take notes during the reading. Something said that you don't understand now may click later. It's also important to have a recording of the overall reading. Don't just write down what you are being told; take notes on your own thoughts and feelings during the reading process. You will find this invaluable later!



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A psychic reading is an interaction between the psychic reader and the client. Your role in bringing forth information is just as important as the reader who is relaying it.

Before having a reading, it is important to have a relaxed, open mind, so that real knowledge can emerge. The more open you are, the better.

Having an open mind does not mean that you have to take on every bit of information that is shared with you. You need to discern what feels right for you. But if you go in with a suspicious mind and heart, you will restrict not only the flow of real knowledge, but also what you gain from the reading.

For example, if you have been hurt in your relationships with other people, you may have developed a protective barrier around your heart and mind. Be conscious of this, so as not to let it limit your Psychic Reading.



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Following this Guide will Assist You in Getting the Most from Your Reading.

1. Have a list of questions ready for the reading. It helps to write them down so you don't forget them once you are at the reading.
2. Try not to ask 'Yes/No' questions. These questions tend to limit the flow of the reading in the same way they would limit the flow of any conversation. Make the question specific but open ended. This will encourage the reader to give you more quality [guidance](#).
3. Ask the psychic how they connect with their psychic ability. Are they a clairvoyant- do they see images? Do they see past lives? This will help you appreciate the way the information flows and is being expressed.
4. If there are some general areas you want to focus on, like relationship, career, health etc, make sure you let the psychic [know](#).



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5. Don't try to test the psychic by withholding information. This is the best way to create the worst atmosphere in a reading. Were you relaxed when you did exams? Perhaps being under pressure may have helped you work out Maths problems more quickly, but in a psychic reading, it just makes the experience unnecessarily difficult and stressful for the psychic and You.

6. Be open to a different way of thinking about yourself and your problems. In turn, the psychic will be able to help you to create a totally different and empowering perspective about your problems. Don't come to a reading thinking you have it all figured out. Be open to change.

7. Validate your [psychic](#). If the psychic is saying things that make a lot of sense to you, make sure you tell them. This helps the psychic continue down the right track.

8. If you don't understand something, don't be afraid to ask. Sometimes psychics don't communicate clearly. We are human after all.

The logo features a lit candle, a crystal ball, and a tarot card.

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9. Just enjoy your reading. The reading is a time to focus on YOU. Look at it as a kind of healing session, helping you to let go of the old hurts and embrace new plans for the future.

10. Remember, the most important thing - Enjoy yourself! Psychic readings don't have to be heavy and serious. Self-discovery is an empowering experience and will uplift your spirits if you let it!



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Forms of Divination

Each psychic tool that I use as a psychic will make every reading different, but equally successful:

Tarot

Tarot is probably the most well-known psychic art. [Tarot](#) means using a Tarot deck, which usually contains 78 cards that the psychic shuffles and arranges into what is called a "spread."

Tarot is a visual representation of knowledge that was previously hidden from view, so how the psychic interprets the cards makes the real difference to your understanding. It is not a question of the cards showing that a situation is "good" or "bad", but the way things really are. Good psychics are not interested in giving you false hopes or expectations.

The psychic might describe particular cards that he or she feels have important messages for you. If you focus your mind on that card, you can then strengthen the power of that message. You might even keep that image and message in mind after the reading so that you keep the energy flowing.

The Real Power of a Tarot reading lies in the power to change what you see.



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Clairvoyance

Clairvoyance means "clear seeing", and it usually refers to readings in which the psychic looks into a situation without the use of cards or any other psychic medium.

Good psychics are experienced in all areas of psychic work, so there is always an element of [Clairvoyance](#) to every reading. Psychics who mainly work with clairvoyance use their imagination to create an image of what they see in their mind's eye. The imagery can be quite vivid and you might wonder what it means. But if you relax and don't take too much notice to your thoughts, you might discover that you could get a message in the form of a feeling from the image the psychic is describing. I will then be able to tell you what the feeling means for you and what it means in your present situation.



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How I Can He Help You Be MORE Successful In Your Relationships, Career and Wellbeing-

Hi, it's Tony Young here, I wanted to say thanks for reading my e-book, and to let you know more about the way I've helped people from all walks of life find and create happy new relationships and life situations, as well as turn around their old love lives, and the less-than-desirable feelings and emotional experiences that go along with it. Right now, odds are you're looking to change at least something significant about your life and future, how the universe interacts with you, or how your ongoing relationships and current life experiences are playing out.

I read full-time throughout the year using psychic clairvoyance, clairaudience and clairsentience. I focus these psychic energies through Palmistry, Tarot and Psychometry. I also use Astrology and Numerology when appropriate. I don't perform Black Magic, endlessly brew foul smelling potions, or perform Satanic rituals sacrificing virgins on a stone altar, as I drink a huge cup of warm goats blood. I have an everyday name-Tony. As common as it is, I prefer it to calling myself names such as: Gypsy Moon Goddess, Starlight Sabrina, or Zara the Mystic Medium, as well as claiming Romany ancestry going back over many generations.

I don't look or dress like a wizard from Harry Potter or Lord of the Rings. My psychic readings don't tell you about all the horrible things that will happen to you. I don't endlessly predict death, disease or destruction of property and loss of life savings. I don't predict that you will never love again or will always be lonely, or that I can turn your ex- boyfriend into a toad. (Even though the thought might have crossed your mind)

My psychic clairvoyant readings are about you, and if you're like most people in the world, you know that Life, Relationships, Love and especially commitment, take a lot more than just luck and timing- although that is part of it. Some people say that when you meet the right person you'll know, and that everything will fall into place.

But the good things in life, such as meeting people you value and trust; don't always happen in the way that you want them to. My Psychic insight can help you to see positively in your present situation, and sense more opportunities in your life. I can help you to uncover these secrets that often lie within yourself, and meet good people. I can help you to experience cheat-proof relationships, and see how attraction really works, because without it, you can't have a committed, loving relationship and fulfilling life.



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Clients tell me that my Psychic clairvoyant readings are among the best there is, and I trust my client's judgement. I trust that you too, get a huge amount of value from my Psychic readings.

Last but by no means least, let's talk about the most important thing of all. Let's talk about your future. You have the chance during one of my psychic readings, to learn insights that have taken me years to develop, helping to make a difference to your life and provide the answers to any questions or concerns you may have.

Warm Regards,

Tony Young



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